

Continuing Interprofessional Education (CIPE) Multidisciplinary Perspectives on the Science and Practice of Psychedelic Therapies Workshop Series

Activity Announcement

As research into the efficacy of psychedelic-assisted therapies (PAT) to treat various mental health conditions expands, it becomes increasingly vital for the healthcare workforce to be knowledgeable about the science, clinical practices and regulatory aspects of this emerging field. This workshop series addresses the urgent need for trained healthcare professionals who understand the latest clinical research evidence on the benefits and potential risks of PAT, ethical considerations in the delivery of harm reduction and PAT clinical practices, and the rapidly changing policy, legal, and insurance landscapes that affect health care providers and the delivery of PAT services.

Workshop Overview

This Continuing Interprofessional Education series equips participants with foundational knowledge in the history and psychopharmacology of psychedelics; the state of clinical research findings about the efficacy and risks of Psychedelic-Assisted Therapy (PAT) for different psychedelic compounds and specific mental health conditions; access, social justice, and diversity issues related to the delivery of psychedelic therapies; harm reduction methods for integrating this knowledge into existing clinical practices; and the legal landscape for healthcare providers.

Target Audience:

This workshop series is designed for health professionals interested in expanding their knowledge and competencies in psychedelic science and therapeutic practices:

- Nurses
- Pharmacists
- Social Workers
- Licensed Clinical Professional Counselors
- Psychologists
- Medical Doctors

Series Learning objectives:

1. **Clinical Research Evidence:** Participants will gain foundational knowledge about the current state of research findings with Psychedelic-Assisted Therapies (PAT) using Ketamine, MDMA and Psilocybin and the implications for the future of addiction, trauma, depression, and pain and palliative care treatments.
2. **Regulatory Landscape:** Participants will gain a comprehensive overview of the current U.S. and global regulations surrounding psychedelics and understand the implications of evolving psychedelic laws for healthcare settings and equitable access to PAT services.

3. **Harm Reduction Strategies:** Attendees will explore best practices and ethical considerations essential for practitioners operating within the psychedelic ecosystem, focusing on minimizing risks while maximizing therapeutic benefits.
4. **Equitable Access and Cultural Humility:** The series will examine the history and indigenous use of psychedelic compounds, key social justice and mental health care access challenges with the medicalization and scaling of PAT services, and the roles and responsibilities of the health professions in addressing these challenges from a stance of cultural humility to ensure inclusive care that respects diverse backgrounds and identities.
5. **Practical Applications:** Through discussions and group exercises, participants will learn how to apply insights learned from workshop presenters to their clinical practices and healthcare settings.
- 6.

Upcoming Activities in the Series

Sunstone Therapies: Clinical Research Findings, Therapist Training Challenges, and Future Directions in Psychedelic-Assisted Therapy

Join Sunstone Therapies CEO and Co-founder, Dr. Manish Agrawal, and Therapist Program Director, Rachel Winzer, as they share insights from Sunstone's work conducting psychedelic therapy research over the last four years. This webinar will provide an overview of our clinical research findings across multiple psychedelics and mental health challenges, and address the complexities of scaling psychedelic therapy. Additionally, the discussion will explore the challenges of training therapists to deliver this unique form of care and the critical importance of proper therapist training to ensure safety and efficacy.

Learning objectives:

By the end of this workshop, participants will be able to:

1. Identify key findings from at least three recent clinical trials across diverse patient populations.
2. Describe the challenges and pitfalls of training therapists for psychedelic therapy, and identify ways in which proper training can be implemented.
3. List three major obstacles to scaling psychedelic therapy.
4. Identify two potential solutions for obstacles to scaling psychedelic therapy.

Speakers:

Manish Agrawal MD
Chief Executive Officer, Sunstone Medical PC
Research Director Psychedelics, Adventist HealthCare

Rachel Winzer, MS
Director of the Therapist Program
Sunstone Medical PC



Manish Agrawal, MD, presenter for this activity, has no financial relationships to disclose. Rachel Winzer, MS, presenter for this activity was previously employed by COMPASS Pathways. All financial relationships have been mitigated. None of the planners for this activity have any financial relationships to disclose.

Date: Friday, November 22, 2024

Time: 12:00 pm to 01:30 pm EST

Virtual Platform: Zoom

Registration Fee: \$30.00

Activity Type: Knowledge

UAN: 0025-0000-24-112-L01-P

CE Contact Hours: 1.5

Criteria for Successful Completion

Successful completion of each activity requires participants to attend the live webinars for the entirety of the activity and complete an activity evaluation.

Privacy and Confidentiality: The University of Maryland School of Pharmacy is committed to protecting the privacy of our learners. All enrollees are protected under The Family Educational Rights and Privacy Act (20 U.S.C. § 1232g; 34 CFR Part 99) (FERPA). The UMB Policy on Confidentiality and Disclosure of Student Records can be found at: <https://www.umaryland.edu/policies-and-procedures/library/academic-affairs/policies/iii-630a.php>.

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Technology Requirements

<https://support.zoom.us/hc/en-us/articles/201362023-Zoom-system-requirements-Windows-macOS-Linux>

Supported Internet Browsers	Chrome: Within 2 versions of current version Firefox: Within 2 versions of current version Edge: Within 2 versions of current version Safari: Within 2 versions of current version
Minimum Memory	4 GB or more (Recommended: 16 GB)
Minimum Storage	16 GB or more
Minimum Processor	Dual-core 2Ghz or higher (Recommended: Quad-core 2.5Ghz or higher++)
Minimum Internet Speeds	Broadband wired or wireless (3G or 4G/LTE)
Other	Participants must be able to play audio (either through speakers or headphones); participants are not allowed to call-in from their phones or mobile devices and solely listen to the presentation.



The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This series was funded through a seed grant from the University of Maryland Baltimore's Center for Interprofessional Education (CIPE). This activity is provided with the University of Maryland School of Nursing and the University of Maryland School of Social Work.

Contact Us:

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To learn more or register, visit
<https://umbsswcpe.ce21.com/bundle/f24pschedelicseries>

Future Activities in the Series
SAVE THE DATES

**Honoring Indigenous Wisdom: History of Indigenous practices with
psychedelic medicines and practitioner responsibilities in (Psychedelic
Assisted Therapy) PAT**

This workshop describes the traditional use of sacred psychedelic medicines within Indigenous communities and discusses the challenges that arise with the medicalization of psychedelics and PAT. Dr. Kelliher will discuss the responsibilities of health care providers working in this space and the ways in which they can honor and learn from centuries of Indigenous practice wisdom and minimize the potential harms to these communities from cultural appropriation.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Provide at least two specific examples of sacred psychedelic medicines and describe their traditional uses and cultural significance in Indigenous communities during group discussions.
2. Identify and discuss at least three challenges or ethical issues related to the medicalization of psychedelics and cultural appropriation.

3. List of at least two key responsibilities of healthcare providers and share their insights in small group discussions.
4. Describe practical strategies to minimize potential harms to Indigenous communities and respectfully incorporate traditional knowledge into professional practices.

Speakers:

Allison Kelliher, MD

Associate Faculty of Indigenous Knowledge and Practice Systems and Senior Research Associate, and Co-Director Policy Co-Director Policy Care

Johns Hopkins University, School of Nursing

Adjunct Assistant Professor

University of North Dakota, Department of Indigenous Health, School of Medicine and Health Sciences

Date: Friday, January 24, 2025

Time: 12:00 pm to 01:30 pm EST

Virtual Platform: Zoom

Registration Fee: \$30.00

Activity Type: Knowledge

Sacred and Safe Passages: Preparing and Holding a Supportive Space in Psychedelic Journeys

This three-hour introductory immersive workshop provides practitioners with essential knowledge and best practices for preparing clients for psychedelic journeys. This includes ensuring a safe and supportive environment. Key topics covered will include building a strong therapeutic relationship, the ethical use of touch, the role of music in enhancing the experience, and strategies for managing subjective experiences and side effects. Participants will also explore the importance of cultural humility in this emerging field, ensuring that care is inclusive, intersectional, and respectful of diverse backgrounds and identities.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Describe an ethical framework for supporting clients through PAP, emphasizing boundaries, consent, and professional integrity.
2. Summarize clinical tools for addressing and navigating the emotional, psychological, and physical effects that may arise during a psychedelic experience.
3. Identify components of cultural humility critical to preparing to facilitate PAP, ensuring inclusive care that respects clients' diverse backgrounds and identities.

Speaker:

Candace Ogelsby-Adepoju, LCPC, KAP

Program Director

Fluence Trainings Ketamine-Assisted Psychotherapy (KAP)

Founder and Owner
Jurnee Mental Health Consulting, LLC

Date: Friday, February 07, 2025

Time: 12:00 pm to 03:15 pm EST

Virtual Platform: Zoom

Registration Fee: \$60.00

Activity Type: Knowledge

Liberation-Informed Psychedelic Care: Healing Beyond our Trauma

The psychedelic resurgence has promised alleviation from a variety of mental health conditions, from depression and anxiety to PTSD. This becomes challenging within our society where external factors like poverty and oppression lead to continuous re-harming of people seeking to heal. This webinar will focus on how we can move beyond our trauma by refocusing our healing efforts on ancestral reclamation and liberation. Mainstreaming of psychedelics has been focused on the medicalized perspective, which assumes one has to approach the medicine with something to heal or "fix," instead of centering curiosity and reclaiming wholeness. This workshop will help participants understand how a this medicalized approach can lead to a replication of oppressive narratives that created the trauma to begin with and does little to alleviate the remnants of harm caused by colonial conditioning and mindset.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Identify three key aspects of a decolonized approach to psychedelic-assisted therapy.
2. Describe the components of the framework of liberation-informed and ancestrally guided psychedelic care.
3. Identify three steps one can take to decolonize one's clinical practice.

Speaker:

Charlotte Duerr James
PLT Founder, Educator, Medicine Woman
Psychedelic Liberation Training

Date: Friday, February 28, 2025

Time: 12:00 pm to 01:30 pm EST

Virtual Platform: Zoom

Registration Fee: \$30.00

Activity Type: Knowledge

Foundations of Psychedelic Harm Reduction and Integration Therapy

With increased use of psychedelic medicines nationally, mental health providers need to be prepared to reduce the risks for clients considering the use of psychedelics and/or helping clients who have had psychedelic experiences process those experiences effectively – what some have called Psychedelic Harm Reduction and Integration Therapy (PHRT). Lauren Going, co-founder of Inner Path Wellness in Baltimore City, will share best practices and discuss the variety of models in use for effective preparation and integration before and after a psychedelic journey.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Articulate at least three reasons why skills in PHRT are critical for all mental health professionals to reduce the harm from increased use of psychedelics nationally.
2. Identify and describe at least five harm reduction clinical strategies when working with clients who plan to or are currently having psychedelic experiences.

Speaker:

Lauren Going, LCSW-C, RYT
Research Study Therapist
Sunstone Therapist
Therapist, Supervisor, & Owner
Inner Path Wellness

Date: Friday, March 28, 2025

Time: 12:00 pm to 03:15 pm EDT

Virtual Platform: Zoom

Registration Fee: \$60.00

Activity Type: Knowledge

Expanding Access to Psychedelic-Assisted Therapy – Reimbursement, Provider Networks, and Employer-Sponsored Benefits

Join Enthea CEO and Co-Founder, Sherry Rais, for an in-depth exploration of how Enthea is revolutionizing access to psychedelic-assisted therapy (PAT), particularly Ketamine-Assisted Therapy (KAT), through innovative insurance and reimbursement models. This session will discuss how therapists can be reimbursed for providing KAT, the role of Enthea's expanding provider network, and how employers are increasingly offering psychedelic therapies as part of their employee benefits. Discover how these changes are creating new opportunities for therapists and improving patient access to life-changing care.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Explain three key components of how insurance and benefits administration ensure that psychedelic-assisted therapy is reimbursable.
2. List four benefits to clinicians of joining a national provider network.
3. List two ways in which employers are integrating KAT into their benefits packages and describe how this has affected their healthcare costs and employee well-being.

Speaker:

Sherry Rais, MS
CEO and Co-Founder
Enthea

Date: Friday, April 25, 2025

Time: 12:00 pm to 01:30 pm EDT

Virtual Platform: Zoom

Registration Fee: \$30.00

Activity Type: Knowledge

Psychedelic Legal Landscape 101: Law and Best Practices

This workshop, led by Karina Bashir, an attorney and thought leader in the psychedelic field, is designed for healthcare providers and students looking to understand the evolving legal frameworks of psychedelics. Participants will receive a comprehensive overview of U.S. and global regulations, with a focus on their implications for healthcare settings. The workshop will also delve into business best practices related to reciprocity, benefit sharing, health equity, and ethical governance. An interactive Q&A session will provide an opportunity for discussion and engagement in this rapidly growing field.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Summarize three key U.S. and global regulations on psychedelics.
2. List at least three implications of changing psychedelic laws on healthcare settings.
3. Identify and explain five best practices and ethical considerations practitioners should follow when working within the psychedelic ecosystem.

Speaker:

Karina Bashir, JD
Counsel
Antithesis Law, PC

Date: Friday, May 09, 2025

Time: 12:00 pm to 01:30 pm EDT

Virtual Platform: Zoom
Registration Fee: \$30.00
Activity Type: Knowledge



The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. These activities are eligible for ACPE credit; see the final activity announcement for specific details.

Prior Activities in the Series

Psychedelic Psychopharmacology and Clinical Research Findings for PTSD, Addiction, Depression, and Pain

This workshop includes an overview of psychedelic effects investigated by a variety of scientific methods (pharmacodynamics, pharmacokinetics, pharmacogenomics, neuroscience) for several types of psychedelics (e.g., psilocybin, ayahuasca, MDMA, ketamine). The current state of research findings with Psychedelic-Assisted Therapies (PAT) using Ketamine, MDMA and Psilocybin will be detailed. Discussion will cover implications for the future of addiction, trauma, depression, and pain and palliative care treatment.

Learning objectives:

Upon the completion of this workshop, participants will be able to:

1. Identify and explain the mechanisms of action for different psychedelics, detailing their effects on neurotransmitter systems.
2. Summarize findings from at least three recent studies on the therapeutic indications for psychedelics.

Speakers:

Andy Coop, PhD
Professor and Associate Dean for Graduate Programs
University of Maryland School of Pharmacy

Leah Sera, PharmD, MA, BCPS
Associate Professor and Vice Chair of Academic Affairs, Department of Practices Sciences and Health Outcomes Research
University of Maryland School of Pharmacy



Drs. Coop and Sera, faculty for this activity, have no relevant financial relationships to disclose. None of the planners for this activity have any financial relationships to disclose.

Date: Friday, October 25, 2024

Time: 12:00 pm to 03:15 pm EDT

Virtual Platform: Zoom

Registration Fee: \$60.00

Activity Type: Knowledge

UAN: 0025-0000-24-102-L01-P

CE Contact Hours: 3.0

To learn more or register, visit
<https://umbsswcpe.ce21.com/bundle/f24pschedelicseries>