

Motivational Interviewing and Patient Adherence at the Point of Dispensing

Faculty

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Disclosures

Planners: The planners for this activity have reported no relevant relationships to disclose.

Presenters:

Kathleen Pincus have reported no relevant relationships to disclose.

The Physician Dispensing in Maryland Series is an educational collaboration between MedChi The Maryland State Medical Society and The University of Maryland School of Pharmacy.

Motivational Interviewing and Patient Adherence at the Point of Dispensing is sponsored by MedChi, The Maryland State Medical Society.

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CE Credits: 1.5 AMA PRA Category 1 Credit™, 1.5 ACPE Contact Hours

UAN: 0025-0000-18-064-H04-P

Course No: CN#MD007

Fee: \$637.50 for Non-member Physicians
\$225 for MedChi Physicians

Launch Date: April 4, 2018

Expiration Date: April 4, 2021

Target Audience: Physicians, Pharmacists, Dentists

This module meets the ACPE and CME requirements for dispensing permits.

Motivational interviewing (MI) is a useful tool at the point of dispensing. MI can address patient's barriers to a medication regimen. Brief interviews can uncover a patient's desire, need, and reasons for change or ambivalence towards change. This course offers the basic principles and skills of motivational interviewing at the point of dispensing. Strategies and resources to support complex patient adherence are provided. Realistic case examples and sample dialogue are integrated into the educational module.

Other modules in this series include:

- Physician Dispensing: An Overview of Maryland Law and Regulation
- Dispensing, Labeling and Documentation for Maryland Physicians
- Controlled Substances and Inventory: Issues for Maryland's Dispensing Physicians
- Counseling Patients at the Point of Dispensing: Requirements & Best Practices
- Physician Dispensing: Optimizing Patient Use of Inhalers and Other Respiratory Devices
- Dispensing Opioids: Decisions to Improve Medication Safety

Learning Objectives:

At the end of this application-based activity, the dispensing physician will be able to:

1. Reflect on how motivational interviewing can be useful at the point of dispensing.
2. Identify the four (4) skills necessary to implement motivational interviewing.
3. Select a strategy to address a patient barrier to medication adherence at the point of dispensing.
4. Identify resources to support complex or non-adherent patients during the dispensing process.

To learn more about or register for *Motivational Interviewing & Patient Adherence at the Point of Dispensing*, [click here](https://ce.pharmacy.umaryland.edu).

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Technology Requirements:

Unless otherwise noted in the course materials, the following are required to access online courses: A computer or mobile device with a stable internet connection; a current internet browser, such as Google Chrome, Microsoft Internet Explorer, Mozilla® Firefox, or Apple® Safari that supports the Adobe® Flash® Player; a PDF Viewer; and the ability to view and update Microsoft Word® and PowerPoint® documents.

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Successful completion requires the learner to complete all practice based activity components including the audiovisual presentations, post-test, and activity evaluation. Participants must receive a score of at least 70% on the post-test in order to receive credit. The post-test may be taken up to three (3) times. Learners must complete the activity evaluation in order to receive CE credit. A link to the activity evaluation will be available once a learner has successfully completed all other course segments.

Disclosure and Transparency in CME/CPD:

It is MedChi's policy to ensure the independence, transparency, balance, objectivity, scientific rigor and integrity, as well as validation of content for all CME/CPD activities we accredit. To that end, faculty must disclose to the participants any relationships with companies identified as meeting the ACCME definition of a commercial interest. In the process of the disclosure process, all faculty and planners have disclosed the presences or absence of such relationships to MedChi. MedChi has identified, evaluated and where appropriate, attempted to resolve any potential conflicts of interest. This is done through the use of content validation, the use of evidence-based data, and multi-disciplinary peer review. The information provided as disclosure to the learner, is to inform the learner and aide in judgment, not to imply that disclosed relationships will have a negative effect on a presentation.

Accreditation Statement:

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedChi, The Maryland State Medical Society, and The University of Maryland School of Pharmacy. MedChi is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statements:**Motivational Interviewing and Patient Adherence at the Point of Dispensing**

MedChi designates this online educational activity for a maximum of 1.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME Credit: In order to receive CME credit for participation in these modules the learner is required to complete a post-test and achieve a score of 70% or higher for each module.

Use of Trade Names: The trade names provided for the drugs and delivery systems in this module are for the purpose of product identification. The developers of this activity do not intend to imply endorsement for any commercial products discussed.

Resources Disclosure: Resources are provided for the educational benefit of our learners.

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- A refund, less a \$75 administration fee, will be made if cancellations are requested within 15 days of purchase. Other restrictions may apply.
- Refund requests must be submitted in writing to CEHelp@rx.umaryland.edu.
- Refunds are not available in the following circumstances :
 - A learner has logged into a course or series;
 - Has launched course materials;
 - Course materials have been shipped; or
 - Request is made after 15 days of the ordering date.
- Course registrations are non-transferrable.



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