

Go with your Gut: Navigating IBD Treatment in Transplant Patients

Current Topics in Pharmacy

Activity Announcement

Inflammatory bowel disease (IBD) can persist or newly develop in solid organ transplant recipients, creating unique therapeutic challenges. Pharmacists should know that managing IBD in this population requires balancing disease control with graft preservation while minimizing infection risk and drug interactions. Pharmacists should understand the role of biologic therapies, their safety considerations, and how to assess their use to optimize outcomes in transplant patients.

This activity was originally recorded on 1/14/2026.

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe biologic therapies and safety considerations for inflammatory bowel disease in solid organ transplant recipients.
- Describe the use of biologics for management of IBD in the transplant patient.

Speaker

Pamela Ramos Ramos, PharmD
PGY-2 Solid Organ Transplant Pharmacy Resident
University of Maryland

Dr. Ramos, speaker for this activity, has no financial relationships to disclose. None of the planners for this activity have any financial relationships to disclose.

CE Credits: 0.5 Contact Hours

Universal Activity Number: 0025-0000-26-001-L01-P

Target Audience: Pharmacists

Activity Type: Knowledge

Activity Launch Date: 1/14/2026

Activity Expiration Date: 1/14/2027

Fee: \$15.00

Criteria for Successful Completion

Learners must complete all activity components including viewing the audiovisual presentation and completing the activity evaluation. A link to the activity evaluation will be available upon successful completion of all other course segments. Statements of CE Credit will be available electronically via CPE Monitor within sixty (60) days of completion of the activity.

Use of Trade Names: The trade names of the drugs and delivery systems in this module are for the purpose of product identification only. This activity does not imply endorsement for any commercial products discussed.

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Technology Requirements

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| Supported Internet Browsers | <p>Windows</p> <ul style="list-style-type: none"> Internet Explorer version 11 and above Chrome 43 and above FireFox 4.0 (or later) <p>MacOS</p> <ul style="list-style-type: none"> Safari 13 and above Chrome 43 and above |
| Minimum Memory | 8 GB (or more) |
| Minimum Storage | 6 GB (or more) |
| Minimum Processor | PC: 2 GHz or faster Intel processor MacOS: Multi-core Intel processor |
| Minimum Internet Speeds | High speed internet connection |
| Other | Participants must be able to play audio (either through speakers or headphones) as well as ability to open PDF files and view and edit Word, and PPT documents. |



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Refund Policy:

- A refund, less a \$5 administration fee, will be provided if cancellations are requested within 15 days of purchase. Other restrictions may apply. Refund requests must be submitted in writing to CEHelp@rx.umaryland.edu.



- Refunds are not available in the following circumstances: A learner has logged into a course or series; has launched course materials; course materials have been shipped; or request is made after 15 days of the ordering date.
- Course registrations are non-transferrable.

Contact Us:

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To learn more or register, visit <https://ce.pharmacy.umaryland.edu>