



## Go with your Gut: Navigating IBD Treatment in Transplant Patients

### Current Topics in Pharmacy

### Activity Announcement

Inflammatory bowel disease (IBD) can persist or newly develop in solid organ transplant recipients, creating unique therapeutic challenges. Pharmacists should know that managing IBD in this population requires balancing disease control with graft preservation while minimizing infection risk and drug interactions. Pharmacists should understand the role of biologic therapies, their safety considerations, and how to assess their use to optimize outcomes in transplant patients.

This activity was originally recorded on 1/14/2026.

#### Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Describe biologic therapies and safety considerations for inflammatory bowel disease in solid organ transplant recipients.
- Describe the use of biologics for management of IBD in the transplant patient.

#### Speaker

Pamela Ramos Ramos, PharmD

PGY-2 Solid Organ Transplant Pharmacy Resident

University of Maryland

Dr. Ramos, speaker for this activity, has no financial relationships to disclose. None of the planners for this activity have any financial relationships to disclose.

**CE Credits:** 0.5 Contact Hours

**Universal Activity Number:** 0025-0000-26-001-L01-P

**Target Audience:** Pharmacists

**Activity Type:** Knowledge

**Activity Launch Date:** 1/14/2026

**Activity Expiration Date:** 1/14/2027

**Fee:** \$15.00

#### Criteria for Successful Completion

Learners must complete all activity components including viewing the audiovisual presentation and completing the activity evaluation. A link to the activity evaluation will be available upon successful completion of all other course segments. Statements of CE Credit will be available electronically via CPE Monitor within sixty (60) days of completion of the activity.

**Use of Trade Names:** The trade names of the drugs and delivery systems in this module are for the purpose of product identification only. This activity does not imply endorsement for any commercial products discussed.



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#### Technology Requirements

Supported Internet Browsers	<p>Windows</p> <ul style="list-style-type: none"><li>Internet Explorer version 11 and above</li><li>Chrome 43 and above</li><li>FireFox 4.0 (or later)</li></ul> <p>MacOS</p> <ul style="list-style-type: none"><li>Safari 13 and above</li><li>Chrome 43 and above</li></ul>
Minimum Memory	8 GB (or more)
Minimum Storage	6 GB (or more)
Minimum Processor	PC: 2 GHz or faster Intel processor MacOS: Multi-core Intel processor
Minimum Internet Speeds	High speed internet connection
Other	Participants must be able to play audio (either through speakers or headphones) as well as ability to open PDF files and view and edit Word, and PPT documents.



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Office of Continuing Education at the University of Maryland School of Pharmacy  
20 N. Pine Street  
Baltimore, MD 21201  
410.706.3381  
[CEHelp@rx.umaryland.edu](mailto:CEHelp@rx.umaryland.edu)

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