



Less is More: Laboratory Stewardship to Improve Outcomes and Reduce Waste

Current Topics in Pharmacy Activity Announcement

Excessive and unnecessary laboratory testing in hospitalized patients contributes to iatrogenic anemia, increased costs, and wasted resources without improving outcomes. Pharmacists are uniquely positioned to lead laboratory stewardship by optimizing drug-related monitoring, preventing unnecessary labs, and promoting cost-effective, evidence-based practices.

This activity was originally recorded on 11/04/2025.

Learning Objectives

At the conclusion of this educational activity, the participant should be able to:

- Define laboratory stewardship and its relevance to pharmacy practice
- List common clinical and financial consequences of unnecessary laboratory testing

Speaker

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Dr. Kurdziel, speaker for this activity, has no financial relationships to disclose. None of the planners for this activity have any financial relationships to disclose.

CE Credits: 0.5 Contact Hours

Universal Activity Number: 0025-0000-25-104-H01-P

Target Audience: Pharmacists

Activity Type: Knowledge

Activity Launch Date: 11/04/2025

Activity Expiration Date: 11/04/2026

Fee: \$15.00

Criteria for Successful Completion

Learners must complete all activity components including viewing the audiovisual presentation and completing the activity evaluation. A link to the activity evaluation will be available upon successful completion of all other course segments. Statements of CE Credit will be available electronically via CPE Monitor within sixty (60) days of completion of the activity.

Use of Trade Names: The trade names of the drugs and delivery systems in this module are for the purpose of product identification only. This activity does not imply endorsement for any commercial products discussed.

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Technology Requirements

Supported Internet Browsers	Windows - Internet Explorer version 11 and above - Chrome 43 and above - FireFox 4.0 (or later) MacOS - Safari 13 and above - Chrome 43 and above
Minimum Memory	8 GB (or more)
Minimum Storage	6 GB (or more)
Minimum Processor	PC: 2 GHz or faster Intel processor MacOS: Multi-core Intel processor
Minimum Internet Speeds	High speed internet connection
Other	Participants must be able to play audio (either through speakers or headphones) as well as ability to open PDF files and view and edit Word, and PPT documents.



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